



TOLFAMA
international
festival
of improvised
arts 2026



Programme

THURSDAY JULY 2nd

- 12:00-15:30 Check-in c/o Pro Loco Tolfa (P.za V. Veneto, 12)
- 16:30-18:30 Workshop ✨
- 20:30 Welcome Dinner (Convento dei Cappuccini)
- 23:00 DJ Set e Cocktails

FRIDAY JULY 3rd

- 10:00 Workshop ✨
- 13:00 TolFame (Packed Lunch)
- 14:00-16:00 Workshop
- 20:00 Free Dinner
- 21:30 Night Show

SATURDAY JULY 4th

- 10:00 Workshop
- 13:00 TolFame (Packed Lunch)
- 14:00-16:00 Workshop
- 16:00-18:00 Relax
- 19:00-23:30 Site Specific Performance
- 00:00 Night Party ✨

SUNDAY JULY 5th

- 13:00 (not included) ✨
- Final Lunch and Pool Party
c/o Villa Poggio della Stella



2026

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Tolfama Festival



Workshop

EXPERIENCE TOLFAMA AS YOU WANT ✨

- The Workshops conducted by **Rocío Barquilla**, **Yann Berriet**, **Charlotte De Metsenaere**, and **Aree Witoelar** are dedicated to improvisers with a minimum of **3 years of experience** in the field of **Theatrical Improvisation** and are aimed at staging 4 site-specific performances, in 4 different places in the historic center, on the evening of Saturday 4 July.
- The Workshop conducted by **Maro Lesioti** is open to all improvisers, without limit of experience, and does **not include** a final performance.
- The Workshop conducted by **Rui Pedro Neto** is **reserved** for professional improvisers and/or teachers and includes a final site specific performance.
- Each Workshop will be open to a maximum of 15 improvisers.
- All the Workshops will take place in Tolfa (Rm), in 5 easily accessible venues.
- At the end of the Workshops, all participants will receive a Certificate of Participation.
- **All Workshops last 12 hours each and will follow the following times:**
Thursday 2 July 2026: from 4:30pm to 6:30pm
Friday 3 July 2026: from 10:00 to 4:00pm
Saturday 4 July 2026: from 10:00 to 4:00pm



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Workshop

CHOOSE THE PATH THAT'S RIGHT FOR YOU

LONG

+3 YEARS OF EXPERIENCE

ROCÌO BARQUILLA

YANN BERRIET

CHARLOTTE DE METSENAERE

RUI PEDRO NETO (PRO/TEACHERS ONLY)

AREE WITOELAR

12 HOURS
+ SITE
SPECIFIC
SHOW

ALL IN

OPEN TO ALL

MARO LESIOTI

12 HOURS
OF
WORK
SHOP

* The Workshop conducted by **MARO LESIOTI**
is open to all improvisers, without limit of experience,
and does not include a final performance.

The Workshop conducted by **RUI PEDRO NETO**
is **reserved for *professional improvisers and/or teachers**
and includes a final site specific performance.

* Those who lead training sessions/classes for individual improv
companies or schools



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Rocio

BARQUILLA

Spain

INTERNATIONAL COACH



IN THE SPIRIT OF GHIBLI

Studio Ghibli films take us into worlds of wonder, imagination, and unforgettable characters. This workshop explores how to bring that magic to the improv stage through environment-building, movement, sound, cooperation, and silence where the world itself drives the story. Inspired by *My Neighbor Totoro* and *Spirited Away*, we'll explore curiosity, transformation, and the magic in everyday life.

In the Spirit of Ghibli is an invitation to slow down, trust, and create poetic, dreamlike scenes full of wonder.

Yann **BERRIET**

France

INTERNATIONAL COACH



MY KINGDOM

For some time now, the wave of improvisational solos has been sweeping across stages across Europe. But how do you prepare for a solo? And why do a solo? More than solo performance techniques, the idea is for each performer to explore their own world, to forge the path they want to present on stage. Each performance is the convergence of technique, aesthetics, and message. What is my technique? What is my message? What aesthetic will I project on stage? Do we decide everything in our own realm? Or are we simply one subject among many?

Charlotte

DE METSENAERE

Belgium

INTERNATIONAL COACH



SOUTH SIDE STORY

Everyone wants to belong to a group. It's an evolutionary instinct, a survival mechanism. We think, move, and define ourselves through groups.

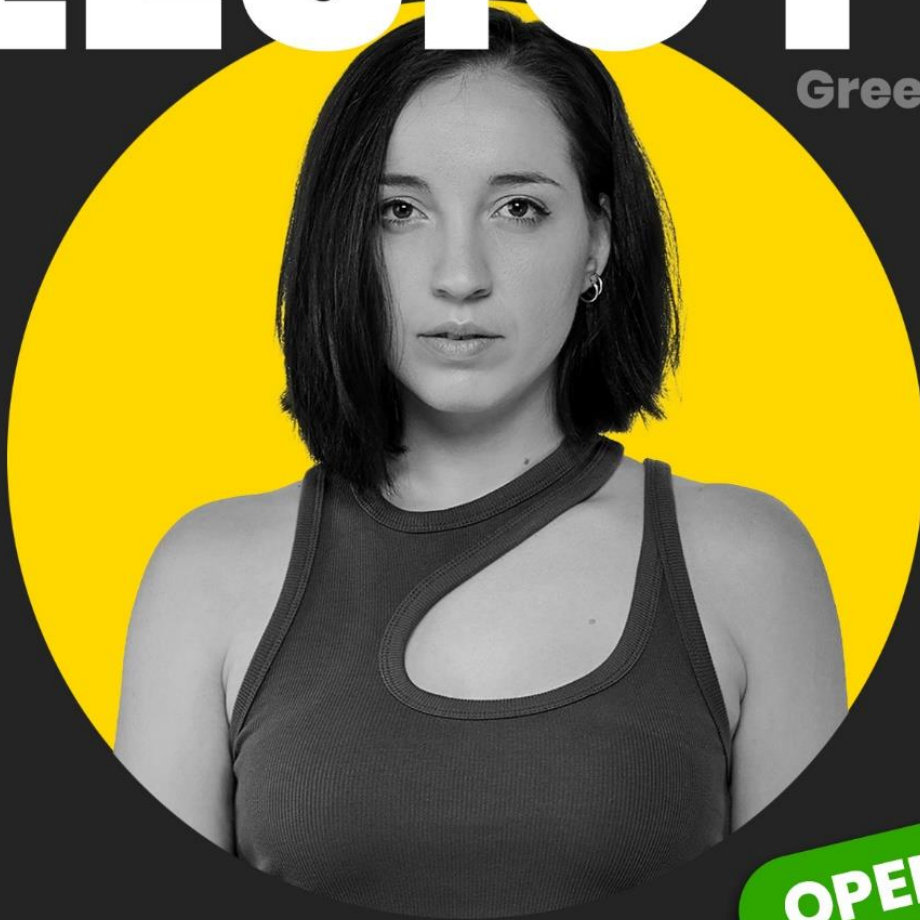
And the moment you choose a side, you choose not to belong to the other. Let's place two groups on opposite sides of a line! In this workshop, we bring polarization into the playground of improv. Keywords will be group identity, belonging and conflict. Nonetheless, we are bringing a story of hope. Get ready to play with authentic emotions to deepen relationships, and to play with physicality like stage combat.

Welcome to South Side Story.

Maro LESIOTI

Greece

INTERNATIONAL COACH



OPEN TO ALL

φίλτατον (PHÍLTATON)

The workshop will take place in a stunning outdoor location in Tolfa (a rooftop or a scenic overlook facing the countryside) where architecture and landscape become active partners in storytelling. We'll work on body, voice, and breath to communicate with strength and clarity in an open-air setting, drawing from Greek theatre: strong stage presence, vocal projection, rhythm, and ensemble work. Through guided exercises, we'll explore archetypal characters, collective movement, and the dynamic interplay between the individual and the group.

At the same time, participants will learn to read and use the space (levels, entrances, distances, and viewpoints) transforming it into a vivid, powerful, and highly playable stage environment.

Rui Pedro
NETO

Portugal



INTERNATIONAL COACH

PRO/TEACHERS ONLY

THE AMARCORD METHOD

In improv, a character is much more than a funny voice or a quirky walk:
it is the engine of the story.

This workshop helps you move beyond simple archetypes to create “3D characters” by working on physical, emotional, and psychological layers. We’ll explore what makes them alive: desires, needs, and points of view that drive choices on stage.

Through body, movement, storytelling, and play, you’ll discover different approaches to find your own way of creating.

Don’t just play a character.
Learn to inhabit it.

Aree

WITOELAR

Indonesia

INTERNATIONAL COACH



CLOUD ATLAS

Cloud Atlas is a historical/sci-fi novel that spans different eras, from the past to the future. In this workshop, we'll use its inspiration to create interconnected scenes within an epic story. The work is divided into two parts: Playing with History and Playing with Genres. We'll build worlds from real or imagined eras (from ancient Egypt to Mars), starting from the group's ideas: everyone brings a fragment, and together we create improvised montages. We'll explore different styles and atmospheres (western, sci-fi, anime...), alternating rhythms and formats, from slow duets to fast-paced group scenes.

Costs

TOLFAMA STANDARD

Food + Lodging + Workshop **LONG** or **ALL INN**

***EURO 340,00** ✨

The participation fee includes:

- One 12-hour Workshop, chosen from those provided for in the **LONG** or **ALL INN** courses
- Accommodation and breakfast for 3 nights
- TolfAma 026 T-shirt
- TolfAma 026 gadget
- 2 packed lunches (Friday and Saturday)
- Welcome dinner
- Welcome party
- Final party (Saturday Night)

FINAL LUNCH

Sunday 5 July 2026 (NOT INCLUDED) ✨

According to tradition, every year TOLFAMAs participants greet each other with a final lunch: this year the location has changed! We will be at Villa Poggio della Stella, a structure located in the Tolfetana countryside, 5 km from the town, completely immersed in nature! In addition to lunch which includes an excellent menu based on typical local products, we will have a beautiful thermal pool at our disposal!

*The participation fee does NOT includes:

Any other meal or activity not specified in the previous point. The final lunch and the Pool Party at Villa Poggio della Stella to be booked when completing the FORM.



LATE CHECK IN

It is also possible to participate in **TOLFAMA 026** also starting from Friday 3 July, with arrival and mandatory check-in at 10:00, before the start of the Workshops, benefiting from a reduction on the total price of **EURO 20,00**.

Tolfama Festival ✨

2026 ✨

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Accommodations

- The organization has opted for all the structures present in the Municipality of Tolfa and some structures in the Municipality of Allumiere (5 km away): in addition to the CONVENTO DEI CAPPUCCINI, the traditional hub of the Festival, participants will be accommodated in apartments and B&Bs
- The organization will try to satisfy the participants' requests: however, it reserves the right to accommodate participants in the locations at its discretion.
- Breakfast is provided in each location.



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Tourist activities



TERME DI STIGLIANO (15 minutes from Tolfa)



CASTELLO S.SEVERA (15 minutes from Tolfa)

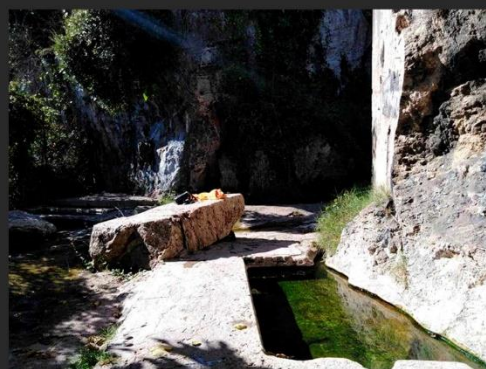


TERME FICONCELLA (15 minutes from Tolfa)



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IL BAGNARELLO (10 minutes from Tolfa)



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Sign up

4 small steps for 1 big festival

- 1- Go to the Tolfama website www.vicolocechov.it/tolfamafestival
- 2- Click on the button **"Sign up"** then click the **"Reserve Your Spot"** button under your preferred workshop.
- 3- Carefully follow the instructions in the **Booking Form**. After submitting the form, you will receive an email with instructions on how to complete and confirm your registration.
- 4- Make the full Festival fee transfer within **72 hours**. Complete the Registration Form and attach the receipt.
Note: Only completing the SECOND FORM will make your registration official.

Enjoy! We are waiting for you in Tolfa.

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Info



IMPORTANT



- Registration will continue until places are filled.
- The email address **tolfamafestival@gmail.com** will be available for any information.
- The organization will try to accommodate all your request and preferences.

CANCELLATION



Any cancellation of participation in Tolfama 2025 must be communicated via email to **tolfamafestival@gmail.com** no later than **June 2, 2026**, to allow us to admit participants from the waiting list. After this deadline, if you do not attend, the participation fee **will not be refunded**, regardless of the reason.



TOLFAMA
XV° festival
internazionale
delle arti
improvvisate
2026



CONTACTS

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Artistic Direction and Logistic

SOCIAL



Share your festival with everyone.
Using the Official Hashtag **#TOLFAMAFESTIVAL** and tag **Vicolo Cechov** on Instagram, TikTok and Facebook.



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